

Lisa Ward

Hamilton, Burlington, Oakville, Toronto ON.

lisamadison13@gmail.com

- Owner: The Flourishing Space (Life, Mental Health and Eating Disorder Recovery Coaching for Kids, Teens and Adults)
- Dance Instructor/Choreographer/: 2011-Present
- Dance Adjudicator: 2019-Present
- Studio Owner/Director of Dance: 2017-2020
- National Dance Education Organization (NDEO)
- Professional Adjudicators Alliance (PAA)
- Healthy Dancers Canada
- Acrobatic: Certified Acro Training

Lisa has dedicated her life and education to the performing arts and dance industry, and her extensive and elite training as a dancer, instructor, choreographer and industry performer has led her to great success. Lisa is an accomplished dancer, teacher, director, adjudicator and choreographer who strives to motivate, inspire and nurture her dancers by cultivating artistry, strength and refined knowledge of technique. She believes in building confidence, positivity and healthy minds in which she instills in her dancers every time they enter the studio.

Lisa has been teaching recreational, competitive and professional dancers across Ontario for the past 10 years in all styles of dance. Lisa has received numerous choreography awards from competitions across Ontario, many of which included top choreography of the entire competition and is well known for her unique routines. Lisa is a successful life, mental health and eating disorder recovery coach for kids, teens and adults. She is fortunate to use her knowledge as a dancer, teacher and coach to provide safe dance education both mentally and physically. She believes in nurturing young minds with confidence building exercises, healthy relationships surrounding their bodies, fuelling properly as an athlete and settling and accomplishing personal goals.

Alongside Lisa's teaching background, she has successfully completed her PAEC jazz and tap exam training and Chechetti ballet exam training. Lisa furthered her education through Acrobatic, NDEO, Personal Fitness and Healthy Dancers Canada. Lisa has had the opportunity to work as a backup dancer and choreographer to Portuguese pop singer 'Nancy Love,' where she appeared in multiple shows, music videos and radio/magazine interviews. She has choreographed for various up and coming singers and artists in the GTA to help prepare them for their professional careers. Lisa has performed in many shows including Portugal Fest, PinkTober Breast Cancer Foundation, Toronto's Annual Art Expo, Dance to Heal and more. She continually takes part in conventions, workshops and classes throughout the GTA to ensure her knowledge continues to grow and to stay current with dance trends, techniques and conditioning styles. She loves to teach, but will always continue to learn along the way.

Teaching Experience:

The Dance Station (Burlington) 2011-2016

Acro, Hip Hop, Jazz, Tap, Ballet

Danceworks Laird (Mississauga) 2015-2017

Acro, Jazz, Tap, Lyrical, Ballet, Conditioning, Stretch and Technique, Jumps and Turns

Martha Hicks School of Ballet (Toronto) 2015-2016

Hip Hop, Jazz, Lyrical

Beyond Dance Academy (Oakville) 2017-Present

Acro, Jazz, Lyrical, Tap, Ballet, Conditioning, Stretch and Technique, Jumps and Turns